



SHOUMILEE RAY

Date of Birth: 20 March 2005

CONTACT

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EDUCATION

- Pursuing **B.Sc. Psychology Hons.** from **Christ University, Delhi NCR**
- Passed CBSE Class 12 from **Birla Vidya Niketan** in 2022 with 92%
- Passed CBSE Class 10 from **Birla Vidya Niketan** in 2020 with 94%

SKILLS

- Thorough computer knowledge of MS Office
- Creative writing
- Psychometric evaluation
- Rational decision-making
- Service focused
- Interpersonal relationship building
- Languages known: English, French, Hindi, Bengali

CAREER OBJECTIVE

I am interested in the application of Psychology in clinical settings and mental health intervention.

Many people throughout the world struggle with mental disorders and disabilities. I as a psychologist look forward to helping these individuals learn to cope and overcome mental and emotional challenges. I aim to do this using comprehensive care and empathy. Understanding the motivations, thought processes, social influence and mental makeup of others establishes a mirror for you to increase your insight. While being a psychologist can be stressful at times, it's also a very gratifying and fulfilling occupation. I wish to serve the mankind by assisting people attain balance in their lives.

INTERNSHIP EXPERIENCE

- **May 2020:** Summer Internship Programme in Psychology under Department of Mental Health & Behavioural Sciences by Fortis Healthcare Ltd.
- **June & July 2020:** Internship with K-Factor Communications Pvt. Ltd. as a Copywriter.
- **August 2022:** Internship with Dainik Jagran as Event Conceptualiser and creating Reader Engagement Programmes.
- **February & March 2023:** Internship with Jagran Pehel as a Volunteer for teaching Maths and Art to a class of 25 girls of age group 4 years to 6 years.
- **May & June 2023:** Clinical Psychology Internship with Dr. Rahul Murada, Neuropsychiatrist, The Neptune Hospital, New Delhi.

CERTIFICATIONS

- Certificate Of Merit from CBSE in English Language & Literature
- May 2020: JW Marriott Training on Hospitality Industry Role during COVID 19
- Participated in International Humanity Olympiad in June 2021
- Participated in Yoga For Life Quiz hosted by MyGov & Ministry Of Education to celebrate International Yoga Day

HOBBIES

- Writing
- Reading
- Playing Badminton